





Ambient



Bakery

FERMOOR ACTIVE DURUM CIABATTA/PANINI

INGREDIENTS

Group 1

Ingredient

Wheat flour

Water

Olive Oil

Fermdor Active Durum

Salt

4.000 3.000 0.120

0.120 0.160 0.080

Total Weight: 7.360

METHOD

- 1. Place all ingredients into spiral mixer. (Except olive oil).
- 2. Mix for 4 minutes on slow speed and 8 minutes on fast speed, adding in Olive oil slowly.
- 3. Bulk ferment the dough for 45 minutes in an oiled plastic bucket, folding twice every 20 minutes.
- 4. Scale dough at desired weight.
- 5. Mould the dough and allow to rest outside in the pan for \pm 20 to 30 minutes covered.
- 6. Place into a pre-heated oven, heated to 240°C, steam the product well then drop the temperature to 230°C, bake for ±25 minutes opening the damper on the last 10 minutes.