



# BAKELS COUNTRY BAKE MIX

## OVERVIEW

A white coloured, free flowing powder that has an even dispersion of linseeds and soya grits.

### INTENDED USE/ABUSE:

- BAKELS COUNTRY BAKE is a complete mix requiring only the addition of yeast and water. BAKELS COUNTRY BAKE is rich in phytoestrogens, which are compounds occurring naturally in plants. Phytoestrogens have been linked to human health benefits as they are structurally and functionally similar to the human hormone oestrogen. Two of the main sources of phytoestrogens are linseed and soya. BAKELS COUNTRY BAKE is rich in both of these.
- Intended for all types of consumers.
- Damaged packaging can result in product contamination. Prevent exposure to air, or strong vapour to maintain organoleptic and sensory properties of the product.

## USAGE

As per recipe.

## INGREDIENTS

Wheat Flour, Linseed, Kibbled Soya Gritts, Wheat Gluten, Soya Flour, Vegetable Fat and/or Oil (Palm Fruit), Sodium Chloride, Colourant (E150c), Emulsifier (E472e, E471), Oxidizing Agent (E300), Enzymes

## PACKAGING

Code	Size	Type	Palletisation
39730	12.5 KG	Poly bag	

## NUTRITIONAL INFORMATION

Type	Value
Energy (kj)	1,031.00
Protein (g)	11.90
Carbohydrates (g)	37.10
Sugars (g)	2.50
Total Fat (g)	3.28
Mono-unsaturated fat (g)	0.45
Poly-unsaturated fat (g)	1.18
Total Dietary Fibre (g)	9.60
Ash (g)	2.07
Moisture (g)	36.10
Sodium (g)	394.00

## METHOD

Group 1	
Ingredient	KG
Bakels Country Bake Mix	12.500
Yeast	0.325
Water	7.000
<b>Total Weight: 19.825</b>	

## DESCRIPTION

Place all ingredients into the mixing bowl. Mixing time depends on type of mixer used. Dough temperature 28°C - 30°C. Floor time 10 minutes. Scale as required. First proof 10 minutes. Mould as required. Final proof ±45 minutes. Bake at ±230°C with steam at start of baking.

## ADDITIONAL INFORMATION

All information and recommendations are based on tests and research believed to be reliable. No guarantee of their accuracy is made however. Since the manufacturers have no control over the conditions under which the products are transported to, stored, handled or used by purchasers all recommendations are made on the condition that the manufacturers and sellers will not be held liable for any damages resulting from their use. No representative of the manufacturers has the authority to waive or change the above provisions, but our technical staff is available to assist purchasers in adapting the fore mentioned products to their needs and circumstances. Nothing contained herein shall imply a recommendation to infringe any patents now or hereafter in existence.



### STORAGE

Cool and dry conditions



### SHELF LIFE

365 days



### TYPE

Powder



### ALLERGENS

Wheat (Gluten), Soya



### CATEGORY

Speciality Bread and Roll Mixes



### INGREDIENT FEATURES

Halaal and Kosher certified